

BRAIN - FRIENDLY



Collaboration

@ Work

WHAT IS COLLABORATION?

Collaboration activities has increased 50%+ over past 20 years1

COLLABORATION @ WORK BASICS

Collaborative workplace environments are where employees feel safe1

BENEFITS OF COLLABORATION

Collaboration is key to organizational success2

BRAIN DURING SOCIAL INTERACTIONS

How the brain functions and reactions during social interactions2

SCARF MODEL

The brain's 5 Domains that generate 'threat' or 'reward' responses3

YOUR SCARF EXPERIENCES

Create self-awareness of your experiences interacting with other6

SUCCESSFUL COLLABORATION @ WORK TIPS

How to minimize 'threats' while 'maximizing reward' feelings @ work7

COLLABORATING WITH DIFFERENT PERSONALITIES

Understanding self and others style is essential to effectively collaborating with others8

USING SCARF MODEL

Can be applied anywhere, anytime with anyone13

APPENDIX A: ASSESSMENT

- Your Style @ Work