

22: DiSC[®] Communication



Why Attend?

Everyone has a 'signature' communication style of **D**ominance, **I**nfluencing, **S**teady or **C**onscientious. Many times gaps exist with others. This half-day or one-day workshop helps participants understand themselves and quickly identify others to establish trust and build relationships. Results are immediate. Employers begin to see positive difference. Participants leave energized and armed with valuable, useful information that is applied immediately. Studies show teams that think together produce exceptional results. **Benefits are endless!**

Who Should Attend?

Executives, managers, supervisors or anyone interested in enhancing their increasing self-awareness, building relationships to become a more effective, influential leader to build powerful teams to enhance team thinking, brainstorming, learning, personal interactions, conflict resolution, communication and creativity.

Objectives

This workshop equips participants with the skills to:

- Appreciate yours & others unique strengths & limitations
- Adapting your style to build trust, rapport, strengthen communication and relationships
- Develop strategies to reduce conflicts and misunderstandings
- Effective ways to deal with difficult people
- Adapt your style to meet others expectations

Thinking Blends

- Personality blends that influence thinking and behaviors
- Develop greater insights, appreciation of different personality blends
- Learn most effective approach for each



Learning Highlights

Powerful Brain

- The human brain and how it works
- Whole-brain intelligence evolution

Self Awareness and Understanding Others

- Discover your DiSC signature style
- Understand behavioral style and characteristics of others
- Preview co-worker types to identify typical workplace situations and challenges
- Create an action plan to strategize on how to adapt to others style



People Reading Skills

- Learn body language factors of visual, words, phrases and tone of each style
- Identify the body language of each personality type in 6 seconds before interactions to adapt

Brain-friendly Communication

- U.S.A. Model to understand, strategize your actions and adapt to others style
- Plan and hold successful meetings with different thinking styles
- Identify personal 'blind spots' to strengthen leadership skills. Create Action Plan.